

Garrould's Cosy Cloaks.

We are always impressed, when visiting the establishment of Messrs. Garrould, at 150, Edgware Road, with the excellency of the cloaks supplied by this firm, and now that a spell of bitter weather has made everyone feel the need of cosy garments, the present occasion seems opportune for drawing attention to their desirability. In style, cut, and price they are all that can be wished. Nurses in London will have no difficulty in making a selection of garments to suit them if they pay a personal visit to Messrs. Garrould's establishment, while for those at a distance from town the Red Cross Catalogue, issued by the firm, and which is profusely illustrated, should be a valuable aid in choosing a suitable garment. This firm has for many years studied the needs of nurses, and well understands what they require. Every article of uniform and every kind of nursing requisite may be obtained from it, but we make special mention of the cloaks in this issue, as the weather and the season both indicate an opportune occasion.

Pleasant Preparations, etc.

FAIRCHILD'S PEPTONISING POWDERS.

These are so well known to the nursing profession that they need no praise. But some of our readers may not be aware that the manufacturers have issued two little booklets of much practical value in the shape of Recipes for the easy preparation of tasteful peptonised foods for the sick and of Diet Slips for the treatment of patients suffering from fevers, obesity, rheumatism, gout, phthisis, diabetes, and other diseases. Each slip has a perforated edge to allow of its easy detachment, and they all accurately represent the best dietetic teaching of the present day. Apropos of this, the new preparation of Messrs. Fairchild Brothers and Foster—Panopepton—is not yet as well known to trained nurses in this country as its merits deserve. It is composed of prime lean beef and the best wheaten flour, cooked and pre-digested to the point of complete solution of the albuminoids of the former, and of both the gluten and starch of the latter. It is therefore the very essence of bread and meat in the most easily digested form. It is completely soluble, of very agreeable flavour, and in practice has proved itself to be not only a valuable food, but a powerful stimulant also to the appetite.

The Royal Red Cross.

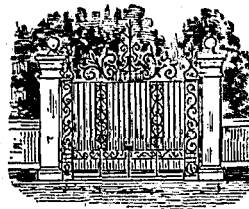
In recognition of her services in South Africa, the King has conferred the Royal Red Cross on Miss Ker Dunlop.

Outside the Gates.

BABES OF RICH AND POOR.

ROCKABYEE, DEARIE.

BY J. H. VAN B.



The night wind is swinging
The sweet slumber-tree,
The leaflets are shaking,
My baby, to thee;
Then rockabye, dearie;
Thy mother is near,
And, safe in her keeping,
There's nothing to fear.
Softly the long shadows
creep,
My baby is going to sleep.

The fancies are playing at hide-and-go-seek,
In pink and in white in your own dimpled cheek,
And whispering low in the soft fading light
That welcomes the realms of a loving good-night.

Hushabye, dearie!
Softly the long lashes sweep;
My baby is fast, fast asleep.

The *Century Magazine* says that in New York public day nurseries can be found almost everywhere. They are of every kind and character, from daintily-appointed establishments having much of the charm of your own nursery at home, to poor places at best, bearing in every detail the indelible stamp of an ill-nourished charity.

"In some nurseries no woman known to be disreputable is allowed to leave her children. Most of the day-nursery constitutions read: For the benefit of working people unable to provide for their children, or of working mothers; preference given to widows, or to poor working mothers away from home. Careful records are kept, and investigations, sometimes with the co-operation of charitable organisations, are made before children can be confided to a matron's care. Moreover, the character of the work done by the mother is carefully considered, to the advantage sometimes of the mother, as in the case of certain women who are dish-washers in restaurants and whose hours are necessarily irregular. The rules of an institution are sometimes broken for their benefit, a child being kept after hours until the mother is able to come for it.

"Cleanliness has been made an absolute rule in all nurseries, some of the managers going so far as to decline a child whose mother has been reprovved for the third time for bringing her baby dirty.

"The pioneer in New York in this line of work was the Virginian Day Nursery. Here, at the nominal charge of five cents (2½d.) a day, children under seven years of age may be left during working hours, receiving two meals (dinner at half-past eleven and supper at five), a physician's super-

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